

# Home -Start Exeter & East Devon Staff Team

Play Leader: Lyn Clotworthy

Play Leader: Catherine Dunn

Scheme Manager: Sue Rose

## Organisers:

Caroline Rayfield

Jo Darke

Sophie Cook

## Administrators:

Anna Roberts

Rachel Gillmore

If you would like to know more  
please call: 01392 426440

## Home-Start Exeter & East Devon

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## Family Group Support at Home-Start Exeter and East Devon

Tuesdays & Thursdays  
9.45am - 11.45am



Raising a family can sometimes seem overwhelming, particularly if you are going through difficult times. Home-Start Exeter and East Devon offers regular support, friendship and practical help to families who are finding it hard to cope and have at least one child under the age of five.

Our family group support based at our offices in Exeter is a unique place, where parents and children can relax in a safe homely environment.

We provide:

- Emotional and practical help and advice.
- Caring experienced staff
- Structured and free play activities
- The opportunity to make friends
- Activities for siblings in the school holidays 0-8yrs
- The opportunity to learn new skills
- Organised trips and special events

We have a great variety of toys and provide a large range of activities for children, including cooking, painting and crafts. We also have a lovely garden with play equipment. We are a group where parents and children are really supported.



## *Parents Thoughts about our Family Group Support:*

*"The family group has a relaxed atmosphere and everyone is easy to get along with...Leigh and Sandra offer great support and are very experienced"*

*"It's a really good place to come.....My son loves all the activities. He has really developed his social skills since coming here"*



*"There is a homely atmosphere here and everyone is so friendly.....Coming here has really helped my son, his behavior has improved and he is learning to share. He has come out of his shell. It's a really friendly place."*